

PRICELIST 2025

LUNCH / DINNER	5 DAYS	10 DAYS	20 DAYS	30 DAYS
Weight Loss	Rp. 650,000	Rp. 1,250,000	Rp. 2,360,000	Rp. 3,360,000
Maintain	Rp. 725,000	Rp. 1,380,000	Rp. 2,700,000	Rp. 3,900,000
Bulking	Rp. 800,000	Rp. 1,550,000	Rp. 3,000,000	Rp. 4,350,000

LUNCH & DINNER	5 DAYS	10 DAYS	20 DAYS	30 DAYS
Weight Loss	Rp. 1,250,000	Rp. 2,380,000	Rp. 4,600,000	Rp. 6,600,000
Maintain	Rp. 1,380,000	Rp. 2,700,000	Rp. 5,200,000	Rp. 7,500,000
Bulking	Rp. 1,550,000	Rp. 3,000,000	Rp. 5,800,000	Rp. 8,400,000

ADD - ONS (CUSTOM)

Extra Protein (50 gr)	Rp. 25,000 / meal
Extra Vegetables (half cup)	Rp. 20,000 / meal
Extra Carbs (half cup)	Rp. 15,000 / meal

Weight Loss	400 - 500 Cals
Maintain	500 - 600 Cals
Bulking	600 - 700 Cals

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